ADHD Medication Guide*

Revised: December 1, 2026

Methylphenidate Formulations – Long Acting, Oral** (Capsules and tablets in this section are shown at actual size)

Relexxii®†	6-12 Yrs: 18-54mg; SD: 18mg 13-17 Yrs: 18-72mg; SD: 18mg ≥18 Yrs: 18-72mg; SD: 18mg or 36mg	G 18mg TL 706	G 27mg TL 707	G 36mg TL 708	45mg TL 711	G 54mg TL 709	63mg TL 700	G 72mg TL 710				
Concerta®†	6-12 Yrs: 18-54mg; SD: 18mg 13-17 Yrs: 18-72mg; SD: 18mg ≥18 Yrs: 18-72mg; SD: 18mg or 36mg	G 18mg alza 18	G 27mg alza 27	G 36mg alza 36		G 54mg alza 54						
Focalin® XR‡ (dexmethylphenidate)	6-17 Yrs: 5–30mg; SD: 5mg 18 Yrs-Adult: 10–40mg; SD: 10mg (biphasic – 50/50)	G 5mg 1 Bottle: 900mg 180mL D5		G 10mg 2 Bottles: 600mg 120mL D10	2 Bottles: 750mg 150mL	G 15mg 2 Bottles: 900mg 180mL D15		G 20mg NVR D20	G 25mg NVR D25	G 30mg NVR D30	G 35mg NVR D35	G 40mg NVR D40
Cotempla XR-ODT®¶ (grape flavor)	6-17 Yrs: 8.6–51.8mg; SD: 17.3mg (biphasic – 25/75)	8.6mg T1		17.3mg T2		25.9mg T3		34.6mg T2 x 2		51.8mg T3 x 2		
Aptensio® XR‡	6 Yrs–Adult: 10–60mg; SD: 10mg (biphasic – 40/60)	G 10mg Aptensio 10 mg	G 15mg Aptensio 15 mg	G 20mg Aptensio 20 mg		G 30mg Aptensio 30 mg		G 40mg Aptensio 40 mg	G 50mg Aptensio 50 mg	G 60mg Aptensio 60 mg		
Quillivant XR® 25mg/5mL (5mg/mL) (banana flavor)	6 Yrs–Adult: 20–60mg; SD: 20mg (Continuous Release – 20/80)	10mg 2mL 1 Bottle: 300mg 60mL		20mg 4mL 1 Bottle: 600mg 120mL		30mg 6mL 1 Bottle: 900mg 180mL		40mg 8mL 2 Bottles: 600mg 120mL	50mg 10mL 2 Bottles: 750mg 150mL	60mg 12mL 2 Bottles: 900mg 180mL		
QuilliChew ER®§ (cherry flavor)	6 Yrs–Adult: 20–60mg; SD: 20mg (Continuous Release – 30/70)			20mg		30mg		40mg				
Ritalin® LA‡	6-12 Yrs: 10–60mg; SD: 20mg (biphasic – 50/50)	G 10mg NVR R10		G 20mg NVR R20		G 30mg NVR R30		G 40mg NVR R40		G♦ 60mg NVR R60		
Metadate® CD‡	6-17 Yrs: 10–60mg; SD: 20mg (biphasic – 30/70)	G♦ 10mg UCB 529 10mg		G♦ 20mg UCB 530 20mg		G♦ 30mg UCB 531 30mg		G♦ 40mg UCB 532 40mg	G♦ 50mg UCB 583 50 mg	G♦ 60mg UCB 584 60 mg		

Methylphenidate Pro-Drug Formulations - Long Acting, Oral** (Medications in this section are shown at actual size)

Azstarys®⁉ (dexmethylphenidate + serdexmethylphenidate)	6-12 Yrs: 26.1/5.2 – 52.3/10.4; SD: 39.2/7.8 mg; 13 Yrs – Adult: 39.2/7.8 – 52.3/10.4; SD: 39.2/7.8mg	26.1mg SDX / 5.2mg d-MPH KP415 286	39.2mg SDX/ 7.8mg d-MPH KP415 429	52.3mg SDX/ 10.4mg d-MPH KP415 5612		

Methylphenidate Formulations – Long Acting/Delayed Onset, Oral** (Medications in this section are shown at actual size)

Jornay PM®‡	6 Yrs–Adults: 20–100mg (dosed in the evening); SD: 20mg	20mg ONSHO 20 mg	40mg ONSHO 40 mg	60mg ONSHO 60 mg	80mg ONSHO 80 mg	100mg ONSHO 100 mg

Methylphenidate Formulations – Short Acting, Oral** (Medications in this section are shown at actual size)

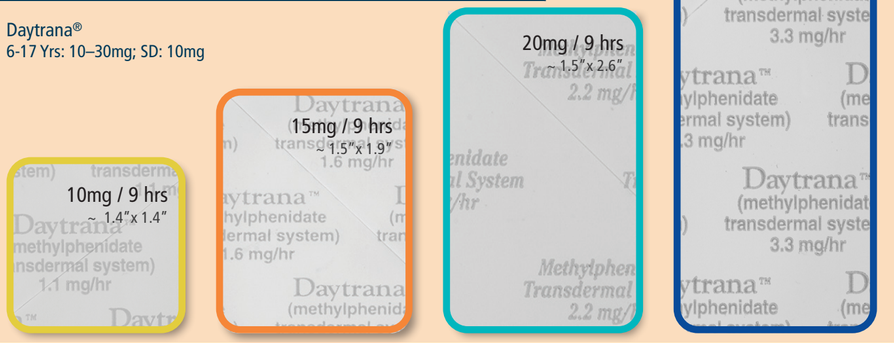
Focalin® (dexmethylphenidate)	6–17 Yrs: Daily: 5–20mg, divided BID; SD: 2.5mg BID		G 2.5mg 2.5	G 5mg 5	G 10mg 10	
Ritalin®	6–12 Yrs: Daily: 10–60mg; divided BID or TID; SD: 5mg BID Adults: Daily: 10–60mg, divided BID or TID		G 5mg 7	G 10mg 3	G 20mg 34	
Methylin Chewable§ (grape flavor)	6–12 Yrs: Daily: 10–60mg; divided BID or TID; SD: 5mg BID Adults: Daily: 10–60mg, divided BID or TID	G♦ 2.5mg 2.5 CHEW	G♦ 5mg 5 CHEW	G♦ 10mg 10 CHEW		
Methylin® Solution (grape flavor)	6–12 Yrs: Daily: 10–60mg; divided BID or TID; SD: 5mg BID Adults: Daily: 10–60mg, divided BID or TID		G 5mg/5mL	G 10mg/5mL		

Methylphenidate Formulations - Long Acting, Transdermal

(Patches are shown at 100% actual size. The color border around each patch reflects the color of the packaging, not the patch itself.)

G

Daytrana®
6-17 Yrs: 10–30mg; SD: 10mg



Administration Key:

- ¶ Orally disintegrating tablet
- † Must be swallowed whole
- § Chewable
- ¥ Can be mixed with yogurt, orange juice, or water
- ‡ Can open capsule and sprinkle medication on apple sauce
- ❣ Can open capsule and mix with apple sauce or yogurt
- ⁉ Can open capsule and sprinkle medication into water or onto apple sauce

Generic Key:

- G Indicates a generic formulation is also available; generic products are not shown
- G Indicates a generic (but NOT a branded) formulation is available

View the latest version of the ADHD Medication Guide at:
www.ADHDMedicationGuide.com

* **Important Information:** The ADHD Medication Guide only includes medications indicated by the FDA for the treatment of ADHD. The age-specific dosing information listed for each medication reflects the FDA-approved prescribing information. "SD" refers to the FDA-recommended starting dose, which sometimes varies by age. Practitioners should refer to the FDA-approved product information to learn more about each medication.

♦ **Discontinued ADHD Medications:** The following FDA-approved proprietary formulations are no longer available (though, in some cases, branded or generic equivalents are still available): Adhansia XR; Adzenys ER (liquid); Cylert (pemoline); Dexedrine Spansules (5mg, 15mg); Dexedrine tablets; DextroStat tablets; Evekeo ODT tablets; LiquADD solution; Metadate CD capsules; Metadate ER tablet (10mg); Methylin Chewable tablets; Ritalin LA capsule (50mg); Ritalin SR tablets (20mg), Strattera.

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Cohen Children's Medical Center

ADHD Medication Guide*

Revised: December 1, 2026

Amphetamine Formulations – Long Acting, Oral** (Medications in this section are shown at actual size)

Dyanavel® XR§ (d- & l-amphetamine sulfate) (bubblegum flavor)	6 Yrs–Adults: 2.5–20mg; SD: 2.5 or 5mg (Continuous Release)		5mg		10mg		15mg		20mg	
Dyanavel® XR (d- & l-amphetamine sulfate) 2.5mg/mL (bubblegum flavor)	6 Yrs–Adults: 2.5–20mg; SD: 2.5 or 5mg (Continuous Release)	2.5mg 1mL	5mg 2mL	7.5mg 3mL	10mg 4mL	12.5mg 5mL	15mg 6mL	17.5mg 7mL	20mg 8mL	
Mydayis®‡ (mixed amphetamine salts)	13–17 Yrs: 12.5–25mg; SD: 12.5mg Adults: 12.5-50mg; SD: 12.5mg (triphasic – 33.3/33.3/33.3)	G 12.5mg		G 25mg		G 37.5mg		G 50mg		
Adzenys XR-ODT®¶ (d- & l-amphetamine) (orange flavor)	6–12 Yrs: 3.1–18.8mg; SD: 6.3mg 13–17 Yrs: 3.1–12.5mg; SD: 6.3mg Adults: 12.5mg (biphasic – 50/50)		3.1mg	6.3mg	9.4mg	12.5mg	15.7mg	18.8mg		
Adderall XR®‡ (mixed amphetamine salts)	6–17 Yrs: 5–30mg; SD: 10mg Adults: 5-30mg; SD: 20mg (biphasic – 50/50)		G 5mg	G 10mg	G 15mg	G 20mg	G 25mg	G 30mg		
Dexedrine Spansule® (d-amphetamine sulfate)	6-17 Yrs: 10–60mg; SD: 5mg 1-2x/day		G♦ 5mg	G 10mg	G♦ 15mg					

Amphetamine Pro-Drug Formulations – Long Acting, Oral** (Medications in this section are shown at actual size)

Arynta™ (solution) (lisdexamfetamine) 10mg/mL (sweet flavor)	6 Yrs–Adults: 10–70mg; SD: 30mg	10mg 1 Bottle: 300mg; 30mL	20mg 1 Bottle: 600mg; 60mL	30mg 1 Bottle: 900mg; 90mL	40mg 1 Bottle: 1200mg; 120mL	50mg 1 Bottle: 600mg; 60mL 1 Bottle: 900mg; 90mL	60mg 2 Bottles: 900mg; 90mL	70mg 1 Bottle: 900mg; 90mL 1 Bottle: 1200mg; 120mL
Vyvanse®¥ (capsules) (lisdexamfetamine)	6 Yrs–Adults: 10–70mg; SD: 30mg	G 10mg	G 20mg	G 30mg	G 40mg	G 50mg	G 60mg	G 70mg
Vyvanse®§ (chewables) (lisdexamfetamine) (strawberry flavor)	6 Yrs–Adults: 10–70mg; SD: 30mg	G 10mg	G 20mg	G 30mg	G 40mg	G 50mg	G 60mg	

Amphetamine Formulations- Long Acting, Transdermal

Xelstrym™
(d-amphetamine)

6-17 Yrs: 4.5–18mg;
SD: 4.5mg
Adults: 9-18mg;
SD: 9mg



(Patches are shown at 100% actual size. The color border around each patch reflects the color of the packaging, not the patch itself.)

Amphetamine Formulations – Short Acting, Oral** (Medications in this section are shown at actual size)

Evekeo® (d- & l- amphetamine sulfate)	3–5 Yrs: SD: 2.5mg 1x/day 6–17 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day		G 5mg		G 10mg					
Zenzedi® (d-amphetamine sulfate)	3–5 Yrs: SD: 2.5mg 1x/day 6–16 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day	2.5mg	G 5mg	7.5mg	G 10mg		G 15mg	G 20mg	G 30mg	
Adderall® (mixed amphetamine salts)	3–5 Yrs: SD: 2.5mg 1x/day 6–17 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day		G 5mg	G 7.5mg	G 10mg	G 12.5mg	G 15mg	G 20mg	G 30mg	
ProCentra® (d-amphetamine sulfate) (bubblegum flavor)	3–5 Yrs: SD: 2.5mg 1x/day 6–17 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day		G 5mg/5mL							

Non-Stimulants** (Medications in this section are shown at actual size)

Onyda™ XR (clonidine, extended release) (orange flavor)	6–17 Yrs: 0.1-0.4mg; SD: 0.1mg (Continuous Release)	0.1mg 1mL	0.2mg 2mL	0.3mg 3mL	0.4mg 4mL				
Kapvay®† (clonidine, extended release)	6–17 Yrs: 0.1-0.2mg BID; SD: 0.1mg qHS	G 0.1mg							
Intuniv®† (guanfacine, extended release)	6–12 Yrs: 1-4mg; SD: 1mg 13–17 Yrs: 1-7mg; SD: 1mg Weight-based dosing: SD: 0.05-0.08 mg/kg/day; may increase to 0.12 mg/kg/day	G 1mg	G 2mg	G 3mg	G 4mg				
Qelbree®‡ (viloxazine)	6–11 Yrs: 100-400mg; SD: 100mg 12–17 Yrs: 200-400mg; SD: 200mg Adults: 200-600mg; SD: 200mg	100mg	200mg	300mg		400mg			
Strattera®† (atomoxetine)	≤70kg: 0.5mg/kg x ≥3days, then 1.2mg/kg (max:1.4mg/kg, not to exceed 100mg) >70 kg: 40mg x ≥3days, then 80mg (max:100mg)	G 10mg	G 18mg	G 25mg	G 40mg	G 60mg	G 80mg	G 100mg	

- Updated versions of the ADHD Medication Guide can be viewed at: www.ADHDMedicationGuide.com
- Laminated copies of the ADHD Medication Guide or the Stimulant Medication Guide can be ordered on-line from the ADD Warehouse
- Contact Dr. Andrew Adesman with comments or suggestions: ADHDMedGuide@Northwell.edu

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